



Cubert School Interhouse Schedule



Term	Sport	
Autumn 1	Dodgeball	Dodgeball encourages teamwork, strategy, and physical fitness. It's fast-paced and exciting, keeping pupils engaged while developing coordination and agility. With simple rules and quick matches, it's accessible to all skill levels, promoting inclusivity and friendly competition among houses.
Autumn 1	Football	Football builds teamwork, communication, and strategic thinking. It promotes physical fitness, coordination, and endurance. Football engages pupils of all skill levels, fostering inclusivity and house spirit while encouraging healthy competition and sportsmanship.
Spring 1	Boccia	Boccia promotes precision, strategy, and concentration. As an inclusive game, it can be enjoyed by pupils of all abilities, including those with physical disabilities. Boccia encourages teamwork, patience, and friendly competition, making it perfect for building house spirit and fostering a sense of community.
Spring 2	Cross Country	Cross builds endurance, resilience, and mental toughness. It promotes physical fitness while encouraging self-discipline and goal-setting. Pupils can compete individually and as part of a team, fostering house spirit and camaraderie. The sport also allows pupils to enjoy nature and develop perseverance.
Summer 1	Seated Volleyball	Seated volleyball promotes teamwork, communication, and agility. It is inclusive and accessible, allowing pupils of all abilities to participate equally. The fast-paced nature of the game encourages quick thinking and coordination and friendly competition.
Summer 2	Sports day	Sports Day promotes physical fitness, teamwork, and healthy competition across a variety of activities. Pupils get the exciting opportunity to showcase their skills in front of parents, boosting confidence and motivation. The range of events encourages inclusivity, house spirit, and a strong sense of achievement.