

## Essential knowledge that pupils need to be educated citizens:

- 'My Personal Best' built into each and every lesson - taught attributes but caught and subsequently celebrated.
- Complete PE Scheme of Work is a progressive programme that builds on children's skills and prior knowledge. Teachers develop sustainable skills.
- PE lessons that are at least 80% active and every child physically active for 30 minutes each school day - healthy and active lifestyles developed.

## Introducing them to the best that has been thought and said:

- Motivational quotes shared in lessons by influential and sporting persons.
- School's link with the Youth Sport Trust who keep the school up to date with current and best practice.
- Links with professional sport e.g. Newquay Hockey Club, and wider sporting experiences e.g. Go Active

## Cultural Capital at Cubert Primary School

**PESSPA**

### Community

- Intra and inter school competition, with HUB, MAT and Cornwall
- Partnership with local sports network
- Visits to use local sporting facilities

## Helping to engender an appreciation of human creativity and achievement

- At the start of each lesson watching examples of sporting achievement and creativity.
- Class and Whole School celebration
- School newsletter and social media that celebrates PE, Physical Activity and PESSPA
- Class termly sports star focus in class assembly - linked to current PE area of learning

### Careers

- Careers linked to physical activity or sport e.g. physiotherapy