



Dear Parent/Carer,

## Cross country event

Yesterday's cross country event at Newquay Sports Centre was a resounding success. In the Year 4 race, Isaac showcased remarkable athleticism, securing an impressive 5th position, closely followed by Casper in 6th, Mawgan in 11th, and Maren in 12th. The young athletes demonstrated exceptional skill and determination against tough competition.

In the Year 6 race, Harley emerged as a standout performer, claiming the top spot with a remarkable first-place finish. His dedication and prowess were evident throughout the race, earning him well-deserved recognition. Leo also delivered a commendable performance, securing a respectable 10th place in a competitive field.

A huge thank you to Sophie and Catherine for helping with the event and well done to all the pupils who took part. We love to celebrate their successes. Overall, it was a day filled with accomplishment and joy, leaving everyone with lasting memories of a successful and enjoyable event at Newquay Sports Centre.





## Message from Cornwall Council

**M M R**  
MEASLES MUMPS RUBELLA

Measles is circulating, it is serious, very infectious and can cause complications.  
Especially for those with a weakened immune system, babies under one year and pregnant women.

You need **two doses of MMR vaccine** to protect you, see your **GP practice** to make an appointment.

**It is never too late to have your MMR.**

**i mmunisation**  
the safest way to protect your child

Cases of measles are rising across England, including among children. It's an infection that spreads very easily and for some people can cause serious problems. It is particularly easy to catch in environments when in close contact with others, such as nurseries and schools. There are currently large outbreaks in London and Birmingham, and we have experienced some outbreaks in the south-west already. We anticipate that it is only a matter of time before we see measles outbreaks in Cornwall.

**The best protection against measles for children and adults is to get both doses of the MMR vaccine, and we would like your help sharing information with parents and staff in your workplace about MMR and measles.**



## Key messages

- MMR is a preschool vaccination normally given at 12 months and 3 year 4 months to protect against Measles, Mumps and Rubella. Parents and guardians should be encouraged to check their children's MMR status in their red book, or contact their GP practice as soon as possible if they are not sure.
- Staff should be made aware that it is never too late to catch up on any missed MMR vaccinations, and they should contact their GP to book an appointment.
- Symptoms include a high fever, sore red watery eyes and a blotchy red-brown rash.
- Measles often starts as cold-like symptoms. NHS guidance says it is fine to send a child to school with a minor cough or common cold, provided they don't have a temperature. School attendance is vitally important to children's learning and health.
- If a child has measles they should stay off nursery or school for at least 4 days from when the rash first appears, and avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

To report measles cases or get support with outbreaks in your setting contact your local health protection team at [swhpt@ukhsa.gov.uk](mailto:swhpt@ukhsa.gov.uk) or call **0300 303 8162 option 1 then option 1**

## What you can do to help

- Encourage your staff to check their MMR vaccination status and book their vaccination with their GP if they unvaccinated or only partially vaccinated. MMR is given over two doses, and both doses are needed for full protection.
- Attend UKHSA's free webinar on Health Protection in Education and Early Years Settings about childhood infection in early years and educational settings. The session will cover measles as well as other infectious diseases. Book your space here [Health Protection in Education and Early Years settings Webinar](#)
- Share 'Appendix 1. Key information for parents' below with parents and guardians via your communications channels, and keep sharing over the coming months. Print and display posters and display them in your workplace and share the resources.
- If you have a suspected or confirmed case of measles follow UKHSA guidance on managing measles, which includes:
  - exclude the infected individual from the settings until 4 days after the onset of the rash (where the date of the rash onset is day 0)
  - encourage all children and young people over the age of one year old to have the combined MMR vaccination

contact your local Health Protection Team on [swhpt@ukhsa.gov.uk](mailto:swhpt@ukhsa.gov.uk) or call **0300 303 8162 option 1 then option 1**

# USEFUL INFORMATION



**Cubert School  
STARS OF THE WEEK  
For 'Spelling'**

★ OWLS	Ophelia & Finlay
★ PIPITS	Rose & Reuben
★ SKYLARKS	Bella & Rubabb
★ LAPWINGS	Lola & Maddie
★ SWALLOWS	Noah & Immy
★ PUFFINS	Riley & Jay
★ CURLEWS	Alfred & Lily W

**HAPPY BIRTHDAY !!**

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**Term dates 2023—2024**

**Autumn term (72 days)**  
4 September - 19 December 2023  
(Half term 23-27 October 2023)

**Spring Term (56 days)**  
4 January - 28 March 2024  
(Half term 12-16 February 2024)

**Summer term (67 days)**  
15 April - 24 July 2024  
(Half term 27 May - 31 May 2024)

**INSET DAYS**  
**Mon 4th Sept**  
**Thurs 28th March**  
TBC  
TBC  
TBC

**Cubert Kids Club**

**Please don't forget to pay your dues for childcare!**

Reminder to parents that if you need to book places in CKC for your child/ren you must contact Jane Wall, who manages the club, via her email address.

PLEASE REMEMBER WE ARE A NUT FREE SCHOOL

Nut allergy can vary in severity. Children with a serious nut allergy don't have to be in direct contact with nuts to have a reaction.

Please check the labels on your child's snacks and do not bring ANYTHING that contains nuts to school, including 'Nutella' type fillings in crepes,

**Health Visiting and School Nurse advice line**

They can be reached on: 01872 322779  
[www.cornwall.gov.uk/healthvisiting](http://www.cornwall.gov.uk/healthvisiting)  
[www.cornwall.gov.uk/schoolnursing](http://www.cornwall.gov.uk/schoolnursing)

**IF YOU HAVE MOVED HOUSE AND OR HAVE DIFFERENT CONTACT DETAILS - Please let us know in the Office.**

**SECOND HAND UNIFORM**

Our PTFA are hosting second hand uniform sales on a regular basis, so please keep an eye out for the dates of the sales.

**School CCTV**

For site security, health and safety and child safeguarding purposes, Cubert School operates a CCTV system. Images may be retained and used for reference to aid investigation as necessary.

**Children with Asthma**

If your child has Asthma, please leave a labelled inhaler in the office in case it is needed during PE, school trips or at any other time. **We make regular checks and will notify you if your child's inhaler is out of date.**